Stepping Stones Taught Units: Unit Overview

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| Unit Title | Summary of Unit Objectives | Teaching Methods | Length of Unit |
| Transition | This unit works best at the very start of Year 7. It provides an opportunity for students to reflect on the differences between primary and secondary school. It also, very explicitly, analyses expected behaviour in a secondary school focusing on classroom behaviour, behaviour outside the classroom and behaviour outside school. | Individual reflection  Discussion  Roleplay  Pair work | 7 Lessons |
| Positive Behaviour Patterns | This unit is targeted behaviour support for students who struggle to manage their feelings and impulses. Students are taken systematically through the STOP-THINK-DO system of behaviour modification and are encouraged to reflect on their own behaviour (and also to consider the responses of others). | Individual reflection  Discussion  Roleplay  Individual and paired tasks | 11 Lessons |
| Developing self-esteem and resilience | This unit examines what self-esteem and resilience are and also why they are important. Students are encouraged to try out some different strategies for improving self-esteem and also look at what resilience might mean in practice using case studies. Students look explicitly at how to give and receive feedback. | Individual reflection  Group, paired and class discussion  Group presentations | 7 Lessons |
| What is success? | This unit encourages students to think about their future and to focus on what success might mean for them. It encourages students to broaden their definition of success explicitly considering education and money. They also learn about the skills which are considered important by employers and reflect on how school helps them to develop these skills. | Individual reflection  Group, paired and class discussion  Group presentations | 7 Lessons |
| Working as a team | This unit looks very explicitly at the importance of teamwork and the skills required to be an effective member of a team. Students are given a wide variety of teamworking experiences and are encouraged to reflect on their own performance in the team. | Group Tasks  Discussion  Individual Reflection | At least 7 Lessons |